Saint Martin of Tours will take part in the National Day of Action against Bullying and Violence which will be held on Friday 18 March 2016. The National Day of Action provides a focus for schools and the wider school community, including parents and carers, to strengthen their everyday messages against bullying and violence.

**Facts**

What is bullying (including cyberbullying)?
Why does bullying happen?

**My child is being bullied**

What are the signs that a child might be being bullied?
Tips to help your child if they are being bullied.

**My child has been bullying**

What are the signs that a child might be bullying others?
Tips to help your child if they are bullying other children.

**My child has seen bullying take place**

Tips to help your child if they have seen bullying take place.

**Who should I tell?**

What should I say to the school?
What can I expect the school to do?
Where else can I get support?

**More resources**

Videos, links and downloadable materials.

The Young Children section provides information and resources for parents about their important role in nurturing young children's social and emotional skills.

The Safe Schools Hub provides information about the National Safe Schools Framework which provides guiding principles for safe and supportive school communities.

The Safe Schools Hub has a section For Parents which contains a guide for parents to the National Safe Schools Framework and other useful information and resources.