Healthy Schools Banyule

Health Promotion Officers at Banyule Community Health have offered our school expertise, support, resources and programs to complement a whole school approach to health and wellbeing. Community partnerships are an important part of ensuring our school maintains a healthy environment that benefits not only the students, but teachers, parents and the community.

Working in partnership can help schools to:

- Tap into a wider range of resources and expertise
- Create additional opportunities for staff professional learning and curriculum activities
- Innovate and generate new ideas for health promotion
- Support students and families to meet their health and wellbeing needs

Healthy Schools Banyule will continue to support our school in 2016 to deliver healthy messages to the whole school community. It was identified that healthy eating is a topic of interest at our school community which will complement the great work we are already doing in our inquiry units this term.

Dietitians at Banyule Community Health have developed the following topic areas that Health Promotion Officers at Banyule Community Health are happy to deliver on their behalf:

- Healthy eating
- Mood n Food
- Sweet drinks
- Healthy lunchboxes
- Label reading

Health Promotion Officers at Banyule Community Health will be visiting classes to deliver lessons, or alternatively to provide resources to add value to the delivery of our curriculum during term one.