Exploring the New Frontier of Parenting - Emotions

by Michael Grose - Australia’s No 1 parenting educator

It’s official! Emotions are now part of the parenting and educational mainstream! For some time they’ve been relegated as a sideshow to the main events of discipline, confidence building, character building, and lately, resilience. Not now.

http://www.parentingideasschools.com.au/getattachment/ed7d42d2-299f-4ad5-b7ce-08f311646775

How to manage teen behaviour and maintain a strong relationship

by Michael Grose - Australia’s No 1 parenting educator

One of the biggest challenges parents of teenagers face is how to maintain a good relationship with a young person while managing also their sometimes tricky and anti-social behaviour. The balance between good guy and bad guy is precarious indeed. There are two simple strategies, when used in tandem can really help parents straddle this great divide. They are - following through and following up.
