Help children learn positive friendship skills

At any age, having friends provides support and promotes mental health and wellbeing. Learning positive friendship skills can help children socially, helping them to feel happier and more confident.

The KidsMatter Primary information sheet on friendships provides background and information about helping children’s friendship skills.

Find it on the KidsMatter Primary website.

Helping children learn positive friendship skills

Click on the links below

Importance of children’s friendships

How friendships develop and change

Friendship patterns in the primary school years

Social skills that promote friendship

Key points for supporting children’s friendship skills