Making a smooth start to school

Is your big boy or girl headed to primary school in a few weeks? If so, blow your nose and read on! We delve into the emotional and behavioural side of starting school by flagging some practical things you can do to get them ready. We also look at what their tricky behaviour might be telling you, and how to minimise any bumps along the way.

How to prepare for big school

Kids who are well-prepared for primary school tend to feel more comfortable with the changes, do better at school work, and make friends more readily. Here are some things you can do to prepare your little guy or girl for the best start possible.

Activity books to use with kids

With the first day of school fast approaching, it’s the perfect time to do something creative with your child.

Have a go at our activity books – they’re lots of fun and help little kids prepare for and process all

Decode their tricky behaviour

Is your little one acting a smidge out of sorts? It may be that they have some unresolved feelings about starting school.

Kids, being kids, will rarely tell us what’s going on – we have to look to their behaviour for answers.
the new things to come. Read more

Here’s what to do. Read more

How to handle a bumpy start

It’s common for kids to have a hiccup or two when they start primary school – it’s a period of transition and a big adjustment. But you can minimise any issues that occur by building your child’s problem solving and coping skills, and by asking for support if and when you need it. Read more

Activity books to use with kids

Books and other resources

Understanding behaviour

Getting help when starting school

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