3CM have been learning about RELATIONSHIPS in SEL. We have had a particular focus on:

Our General Ideas about Relationships:

- Communication is important
- Good relationships make us happy
- Needs mutual respect
- Call people by their names
- We have different relationship bonds with different people
- Be a good listener
- Disagreements are normal sometimes
- Control your feelings especially negative ones like anger
- It’s ok to be shy, proud and sad
- We all need social skills in all our relationships.

BEING A GOOD LISTENER/ SPEAKER

Being a good listener means:

- Look at the speaker
- Pay attention and don’t get distracted
- Don’t boast or go on and on
- Ask interesting questions and don’t hog the conversation
- Be positive – happy people make us feel good

Willy and Hugh did not know each other but became good friends.

- Willy and Hugh were complete opposites
- Willy helped Hugh with his fear
- Hugh stuck up for Willy
- Friends help each other in need
- Things are not as bad as they seem
- Friends accept us the way we are
- We each bring something special to our friendships and relationships