Resources to promote kids’ positive mental health

Educators may be interested in some new information sheets and videos that have recently been added to the KidsMatter Primary website.

Rubber band kids: KidsMatter and resilience

Click on the blue link below

Rubber band kids explores what schools can do to build children’s resilience.

See also:

KidsMatter and resilience [487KB]

What is resilience?
How do children develop resilience?
What messages might we accidentally send children by telling them to be resilient?
How do KidsMatter Primary schools help students build resilience?
What are you doing at your school?
Other resources
References
Resources to promote kids’ positive mental health

"Act early and often": KidsMatter and bullying

Click on the blue link below

Act early and often provides information on bullying, and how the KidsMatter framework can help to address some of the risk and protective factors related to bullying.

See also

KidsMatter and bullying [565KB]

What is bullying?
What are the consequences of bullying?
How does KidsMatter Primary help schools to understand and prevent bullying?
What are you doing at your school?

Other resources

References

Resources on a range of other topics are also available online.

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