R (Relationship) Day
CatholicCare Marriage Enrichment Program
Saturday 14 June

Relax, Renew, Recall, Romance, Revisit, Revitalize, Rejuvenate and Rejoice! This one day workshop for couples is based on the 7 Principles of a Sound Relationship House developed by relationship expert Dr John Gottman. During the workshop you will explore ideas for deepening connection, friendship and intimacy in your relationship. Educators from CatholicCare’s Marriage and Relationship Education Team will run the workshop.

Contact: 92875516 or email relationships@ccam.org.au